



MBSC/BCBSM Obesity Management Summit Agenda

September 20, 2024

SUBURBAN COLLECTION SHOWPLACE

46100 Grand River Ave. Novi, MI

7:00 AM: Registration, Continental Breakfast

8:00 AM: Conference Welcome and Overview Dina Griauzde, MD, MSc, Dipl. ABOM (*Michigan Medicine*)

Session I. Topic – Raising Awareness

Moderator: Arthur Carlin, MD (*Henry Ford Macomb*)

8:15 AM: The Epidemiology and Pathophysiology of Obesity

Speaker: Kim Pfothenauer, DO (*Michigan State University*)

8:35 AM: Weight Stigma and Disparities

Speaker: Cassandra (Cassie) Turner, LMSW (*Michigan Medicine*)

8:55 AM: Taking a Weight-Focused Approach to Chronic Disease Prevention and Management

Speaker: Jonathan Gabison, MD (*Michigan Medicine*)

9:15 AM: Michigan Hospital Medicine Safety Consortium (HMS)

Speaker: David Paje, MD, MPH (*Michigan Medicine*) and Elizabeth McLaughlin, MS, RN (*HMS*)

9:25 AM: Patient Speaker

Speaker: Frankie Bacarella (*Patient Advisor*)

9:35 AM: Q & A Panel Discussion

9:50 AM: Refreshment Break + Networking

Session II. Lifestyle & Dietary Interventions for Weight Management

Moderator: Oliver Varban, MD (*Henry Ford Health*)

10:00 AM: Lifestyle Interventions to Prevent and Treat Obesity Among Adults

Speaker: Karen Scherr, MD, PhD (*Duke Health*)

10:20 AM: Lifestyle Interventions to Prevent and Treat Obesity Among Children & Adolescents

Speaker: Sarah Hampl, MD (*University of Missouri – Kansas City School of Medicine*)

10:40 AM Navigating Nutrition Controversy to Provide Individually Tailored Dietary Advice

Speaker: Marily Oppezzo, PhD (*Stanford*)

11:00 AM: Q&A Panel Discussion

11:20 AM: Lunch

Session III. Topic – Medical and Surgical Weight Management

Moderator: Andrew Kraftson, MD (*Michigan Medicine*)

12:20 PM: Keynote Address: Anti-Obesity Medications

Speaker: Beverly Tchang, MD (*Weill Cornell Medicine*)

1:00 PM: Bariatric Surgery

Speaker: Oliver Varban, MD (*Henry Ford Health*)

1:20 PM: Endoscopic Bariatric Procedures

Speaker: Allison Schulman, MD, MPH (*Michigan Medicine*)

1:40 PM: Medical and Surgical Obesity Treatment for Children and Adolescents

Speaker: William (Bill) Stratbucker, MD (*Corewell Health West*)

2:00 PM: Q&A Panel Discussion

2:20 PM: Refreshment Break

Session IV Topic- Putting It All together by Empowering Care Teams

Moderator: Dina Griauzde, MD, MSc, Dipl. ABOM (*Michigan Medicine*)

2:40 PM: Morning Debrief and Thoughts from Lunch Discussions

3:00 PM: Michigan Medicine's Weight Navigation Program

Speaker: Amal Othman, MD, Dipl. ABOM (*Michigan Medicine*)

3:20 PM: Using Continuous Glucose Monitoring and Tailored Dietary Counseling to Support Veterans with T2D: A Pharmacist and Dietitian Led Intervention

Speakers: Katherine Freeman, Pharm D (*Ann Arbor VA*) and Lyndsay Ruff, RD, CDE (*Ann Arbor VA*)

3:40: Patient story

Speaker: Halla Jomaa-Jouney (*Patient Advisor*)

3:50 PM: Q&A Panel Discussion

4:10 PM: Closing Remarks Dina Griauzde, MD, MSc, Dipl. ABOM (*Michigan Medicine*)

4:20 PM: Adjourn

CME Credit

Planner: Jonathan Finks, MD, Michigan Medicine

Co-Planner: Rachel Ross, Michigan Medicine

Target Audience:

Obesity medicine providers and their care teams, bariatric surgeons and other allied health professionals interested in obesity management from the state of Michigan.

Description:

The 2024 Obesity Summit is for anyone interested in tackling the global obesity epidemic. With a focus on education, collaboration and innovation, the summit will bring together experts in the field of obesity medicine to share their knowledge and expertise. Discussion topics include the latest research, best practices and cutting-edge solutions in obesity prevention and treatment. Attendees will network with like-minded professionals, engage in lively discussions, and gain valuable insights to make real-world impacts within their communities. After completing this activity, participants will be able to implement advances from a full range of evidence-based weight management treatment options including lifestyle change interventions, pharmacotherapy, and bariatric surgery

Learning Objectives:

At the end of this meeting, the learner will be able to...

- Understand the adverse consequences of obesity on health and well-being.
- Implement a full range of evidence-based weight management treatment options, including lifestyle change interventions, pharmacotherapy, and bariatric surgery.
- Execute opportunities to improve obesity treatment in general practice settings.

Register: <https://www.mbscsurgery.org/2024obesitysummit>

Claim CME Credit: <https://umich.cloud-cme.com/default.aspx>

Accreditation/Designation Statement:

The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Michigan Medical School designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.