



Obesity & Cancer Risk

Understanding the Impact of Bariatric Surgery



A healthier weight can help lower your risk of cancer by reducing inflammation and helping your body work better.



Bariatric surgery can help you lose weight and keep it off. This may lower your risk of some cancers and help you feel healthier.

Cancer Screening Still Matters



Even with weight loss, regular cancer screenings are essential for early detection and the best outcomes. Stay up to date with screenings recommended for your age, sex, and risk factors.



Talk with your healthcare team about the right screenings for you.

Benefits Beyond Weight Loss



Sustainable Weight Loss

Helps you lose more weight and keep it off for the long term.



Improve Health

May improve health problems like type 2 diabetes and high blood pressure.



Lower Cancer Risk

13* types of cancer are linked to excess weight



More Energy & Activity

Feel better, move more, and enjoy daily activities easier.



Better Quality of Life

Having more confidence can help you enjoy life more.



Healthier Habits

Supports better food choices and long-term wellness for you and your family.



Investing in your health today can lead to a stronger, healthier tomorrow.

You are not alone, your care team is here to support you every step of the way.



www.mbscsurgery.org

***See reverse side for the 13 types of cancer linked to excess weight**



13 Types of Cancer Linked to Excess Weight



A HEALTHIER
WEIGHT TODAY
FOR A BRIGHTER
TOMORROW

1



Esophageal adenocarcinoma

2



Gastric cardia

3



Colon and rectum

4



Liver

5



Gallbladder

6



Pancreas

7



Postmenopausal breast

8



Corpus uteri
(uterine cancer)

9



Ovary

10



Kidney (Renal-Cell)

11



Meningioma
(cancer of the lining around
the brain and spinal cord)

12



Thyroid

13



Multiple myeloma
(cancer of a type of white blood cell)



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