

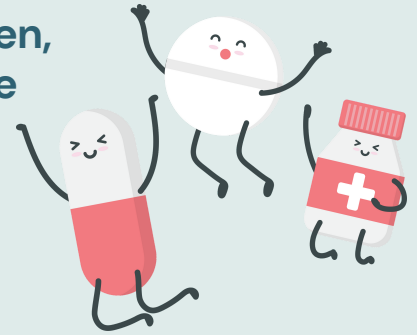
# Best Practices Associated with Lower MME Rates



Completing  
transversus  
abdominis plane  
block (TAP Block)  
preoperatively  
(<https://www.youtube.com/watch?v=FXscJNIOrcw>)



Multi-modal  
analgesia  
(Acetaminophen,  
NSAIDs, muscle  
relaxers, etc.)



Adhering to the Michigan Opioid  
Prescribing Engagement Network  
(MOPEN) prescribing  
recommendations  
(<https://michigan-open.org/prescribing-recommendations/>)



Reviewing  
evidence based  
opioid solutions  
at  
<https://opioids.umich.edu>



Patient  
counseling prior  
to surgery



If you have any questions about this document please contact: [mbsc.help@umich.edu](mailto:mbsc.help@umich.edu)